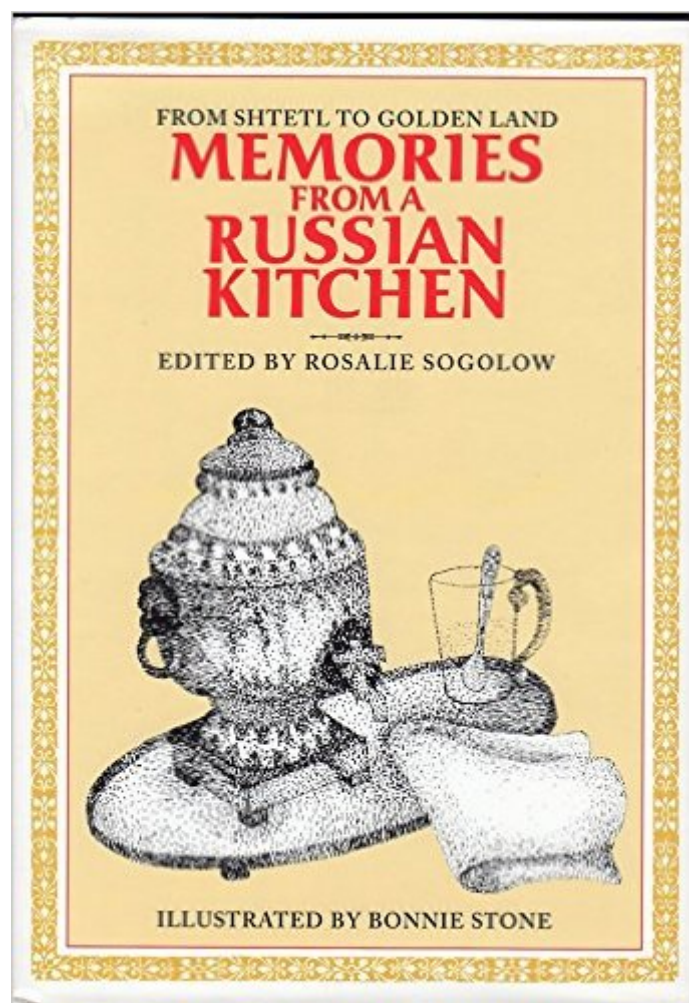


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Memories From A Russian Kitchen: From Shtetl To Golden Land



Synopsis

The historical, cultural, and culinary lore of the former Soviet Union are preserved and shared in *Memories from a Russian Kitchen--From Shtetl to Golden Land*, a treasury of recipes and reminiscences by senior emigres from the former Soviet Union. "Food is more than sustenance," says editor Rosalie Sogolow. "It is a way to maintain and enjoy our heritage and the cultural diversity all around us. It is a way to come together and join the past to the future." When Sogolow invited her English as a Second Language students to share their favorite recipes, she found that they were inspired to share much more than combinations of ingredients. They revealed to her not only a rich culinary tradition but also their fascinating collective experience, encompassing two world wars and the unparalleled transition from shtetl existence and Tsarist monarch through communism to modern life in the "Golden Land" -- America. Thus *Memories from a Russian Kitchen* is more than a cookbook. It is also a collection of remarkable stories about life in the Soviet Union, including standing in line for bread, struggling to obtain an education, planning family weddings, and much more. Beautifully illustrated by contemporary artist Bonnie Stone, the book reflects the spirit, fortitude, and irrepressible sense of humor of the Russian people despite the overwhelming hardships they faced. Over one hundred and fifty homestyle recipes fill this precious volume, including such classic recipes as gefilte fish, borscht, kugel, and rugelah as well as family favorites like Matvei's Chicken Soup, Grandmother's Napoleon, and Lilichka's Cake. The book makes every effort to follow traditional Jewish dietary laws, and kosher substitutes are supplied wherever appropriate. *Memories from a Russian Kitchen* is for anyone interested in Russian Jewry, Russian history, Russian culture, and Russian cuisine. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Food & Wine > Special Diet > Kosher

Customer Reviews

This is so much better than I expected. The myriad stories from different people in this "cookbook" give an inside picture of Russia that you can't get from the usual memoir. Very entertaining; can't put it down. There are plenty of recipes, also!

I enjoyed this book and its stories and recipes. I have tried several of the recipes, for example the Bean and Barley soup and the mandel bread, and they were very good. The stories made me laugh and cry.

Love it!

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